



**4 A Better Life™**  
Health | Wealth | Wisdom | Love

**January 7, 2017**

**3820 Merton Drive, Raleigh, NC 27609**

**9:00-11:00am**

**Registration begins at 9:00 am. Workshop begins at 9:30 am.**

**FREE TO ATTEND**

Kick off 2017 with *4 A Better Life* workshop and personal growth series. Learn how you can have the health, wealth, wisdom and love you deserve! This life changing series will cover:

- How to develop healthy and thriving interpersonal relationships
- Making your nutritional, mental and physical wellbeing a priority
- Achieving financial success for you and your family
- Overcoming the challenges of step and co-parenting and making it work
- Getting back into the work force and finding the right job that works for you
- Gaining insight on whether it's best to buy, sell or keep the home

Get to know the facilitators, ask questions, and learn more about *4 a Better Life* and how the workshops will equip you to embrace your best life now and feel empowered to move forward!

**[www.newdirectionfamilylaw.com/4-a-better-life/](http://www.newdirectionfamilylaw.com/4-a-better-life/)**

For more information, contact Jen Bordeaux, Director of Public Relations, at [jennifer@newdirectionfamily.com](mailto:jennifer@newdirectionfamily.com) or (919) 719-3470.