



Support for Children When Parents Divorce

Divorce can be a difficult process to manage for everyone involved, especially children. KKJ Forensic and Psychological Services is offering a 6 week group to support children through the unique challenges they may face when parents separate/divorce.

Purpose of group:

- To help youth cope from the turmoil that can result from separation/divorce
- To provide a safe place to express feelings
- To normalize feelings through sharing
- To help youth develop problem solving and coping skills, decrease anxiety and sadness and enhance self-esteem
- To increase communication between youth and parents

Ages: 12-15

When: Saturdays from 10:00AM-11:00AM October 3rd– November 7th

Cost: \$160 for 6 weeks or \$30 per group

Location: 5317 Highgate Dr. St 213 Durham, NC 27713

Facilitated by Jessica Middleton, MA, LPC—Divorce Coach

Space is limited. To register call 919.493.1975 or email Jessica@kkjpsych.com

* Light refreshments will be provided.



www.kkjpsych.com